



WGPS Personal Development & Relationships and Health Education Curriculum Policy
2021

As a school we believe in giving our children the opportunity to develop their full potential as confident, resilient, resourceful and reflective learners in all subjects of the curriculum. To achieve this we have set out the features necessary to ensure that the needs of all our pupils are met and their learning potential is maximised.

Rationale

As part of HCAT, the school delivers all subjects using the accelerate learning process which ensure children are given responsibility for their own learning and aims to create independent, resilient and self-motivated pupils, who are well equipped with the skills to meet the challenges of an everchanging society.

The school's policy for Personal Development & Relationships and Health Education Curriculum Policy (PD & RHE) is based on guidance from the DfE (Sex and relationships – OFSTED 2002) and written in conjunction with other policies especially equal opportunities, Child protection, safeguarding and confidentiality.

Aims and objectives

The PD & RHE policy will ensure that our pupils are fully equipped with knowledge and understanding of the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It will maintain links with PSHE and SMSC elements of the curriculum. The teaching of PDR & HE will always be taught in a positive and understanding manner which is designed to foster an ethos of respect amongst all of our school community and begins to prepare them for life beyond our school.

At WGPS we will have some elements of PD & RHE in every year of primary as it helps children to learn progressively as they mature, revisiting the subject will reinforce learning and provide opportunities to ask further questions. PD & RHE will be taught by teachers and maybe supported by pastoral support staff such as Learning mentors / HLTA's.

Age 3-6

At this age children are interested in differences between boys and girls, naming body parts, where babies come from and friends and family. What areas are private and should not be touched and who they can talk to if they are worried are also discussed. NSPCC PANTS rule and resources will be used.

Age 7-8

At this stage children are interested in the emotional and physical changes of growing up, similarities and differences between each other and between boys and girls, coping with strong emotions and how babies are made from eggs and sperm. How to look after our bodies and how to be safe are also important.



Age 9-10

At this age children are interested in knowing about love and the different kind of families and will be more aware of different types of partnerships and relationships. Gender stereotypes and homophobia can be explained and challenged. They will be curious about puberty and sexual feelings and changing body image. They will want more details about conception, how babies develop, how they are born along with why families are important for having babies.

They will also be interested in knowing how people can get diseases, including HIV, from sex and how they can be prevented. They will also want to know who they can talk to if they want help or advice and information about growing up and personal safety including being online.

How will SRE be taught in Ward Green Primary School?

- SRE will be taught wherever possible through the use of the wider curriculum subjects ie. Science/PSHE/History.
- Asking/consulting children their views on PD & RHE gives them an opportunity to be involved in their learning but also to ensure teaching meets the specific needs of the children it is aimed at.
- A working agreement or ground rules will be in place and referred during the lessons to help create and maintain a safe learning environment
- PD & RHE elements will be identified on the cohort yearly overview as well as on the termly medium-term plan to ensure coverage throughout the year.
- Some lessons such as the physical changes in the body maybe linked through science topics
- Some elements may be taught through the support of external agency resources such as NSPCC – Pants rule or school nurse to support with puberty discussions.
- Some lessons may use resources from the BBC.
- Some lessons may be included in a whole school event such as Anti Bullying week which takes place in November and internet safety in February.

Monitoring, evaluation and assessment of PDR & HE

Monitoring will be undertaken by the PSHE/PRD & HE/RE curriculum team who will conduct termly work scrutinies along with conducting pupil interviews to check that the PDR & HE elements of the curriculum are being effectively implemented in each class.

Evaluation will also be undertaken by the PSHE/RE curriculum team, supported by SLT who will complete a short report following any monitoring which will identify strengths, areas for developments and actions that will improve further the PD & RHE curriculum across school.



Assessment will be completed by class teachers in line with school assessment and reporting procedures.

Additional support

We will provide support for our families to respond on an individual levels to issues that arise at home as well as school. The Headteacher, Learning Mentor/HLTA and SENCo will also support families by signposting/involving external agencies for informal support/advice as well as using more formal approaches such as completion of EHA (early help assessments), Early Help requests to Children Centre colleagues, requests for social care support, all of which will be monitored through monthly VFP review meetings.

PDR & HE curriculum overview -

From staff meeting 19.6.19 all staff agreed to adopt The Step Curriculum from Croyden Council which gives ideas and resources for delivering lessons to support teachers. There are supplementary resources on HCAT teacher sharepoint.

Year group	PDR & HE theme
FS1 & 2	Keeping safe – NSPCC pants rule. Keeping healthy through food,
Y1	Correct body part names – linked to science, Keeping healthy, importance of sleep, Mental health awareness through naming feelings.
Y2	Body development, keeping healthy through science, Safety and secrets mental health – ways of sharing feelings and knowing what makes us feel good.
Y3	How babies are made – science & animal study, Staying safe Making informed decisions around health. To know about hygiene routines to maintain health
Y4	Changes in emotions, assertiveness, understanding character. Know what constitutes and healthy diet and health risks if unhealthy. Dental care
Y5	Puberty through Science. Mental health – managing and responding appropriately to feelings. Benefits of regular exercise. Bacteria and virus’s can affect health, importance of medicines and vaccinations
Y6	Relationships, challenging stereotype views, resolving conflicts. HIV and infectious diseases. Recognising warning signs of declining mental health – independently seeking help. Keeping safe on line. HIV awareness